

VEGGIE VAN

A Mobile Marketplace



TampaWell
ACTIVATED BY

TGH Tampa General Hospital



Bringing healthy fruits and vegetables
to your neighborhoods

The 3 Principles

Though the world may be unpredictable, one thing remains certain – the Y. The Tampa YMCA is, and always will be, dedicated to building healthy, confident, connected and secure children, adults, families and communities. To that end, the Tampa YMCA offers the Veggie Van, focused on three principles:

DISTRIBUTION of fresh fruits and vegetables to individuals and families in need throughout food deserts and food swamps across Hillsborough and East Pasco Counties

EDUCATION through healthy living and eating tips along with demonstration

PHYSICAL ACTIVITY opportunities

Serving Annually:



25,000+

Kids and families



20,000+

Bags of fresh produce



200,000~

Pounds of produce,
equivalent to 150,000 meals



Veggie Van Information

The Veggie Van serves all individuals and families, and was created to assist populations who are working but due to factors such as child care expenses, transportation challenges, and the high cost of living are existing paycheck-to-paycheck and are unable to prioritize healthier food options.

The Veggie Van is available every other Wednesday at the TGH Specialty Center at Healthpark at 1:00 p.m.

January 17, 2024
February 7, 2024
February 21, 2024
March 6, 2024
March 20, 2024
April 3, 2024
April 17, 2024
May 1, 2024

June 5, 2024
July 3, 2024
August 7, 2024
August 21, 2024
September 4, 2024
September 18, 2024

For more information contact:

Elizabeth Roman
Mobile Food Market Director
elizabeth.roman@tampaymca.org

